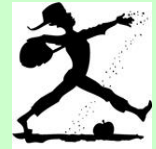


The JOHNNY APPLESEED BROADCASTER



The Regional Award Winning Newsletter
Published Thrice Annually By the Central Great Lakes Gardeners
Indiana – Michigan – Ohio – Pennsylvania.



Volume 16 Issue 3

Fall 2016

PRESIDENT'S MESSAGE-



As your president I am very pleased to inform you of some exciting events coming up for our CGLG region. First we have information that our **National President, Billy A. Clark**, will be coming to our CGLG fall meeting in October, and secondly the **2017 National Convention** will be held in Cleveland at the Marriott Hotel on July 19-21, 2017.

Billy Clark, our national president, has been traveling in 2016 to visit clubs and regions and we are so glad he has chosen to visit our Central Great Lakes Region. So far he has visited clubs in upstate New York, Colorado, Georgia (Stone Mountain) and Jackson, Mississippi. He introduced himself to us through his front page articles in the TGOA/MGCA National Newsletter. My wife and I met Billy when we were at the national convention in 2010 at Grand Rapids. Billy is a member of the Arlington Men's Garden Club and lives in the Dallas/Fort Worth area of Texas. He is very personable and easy to talk to.,

Regarding the 2017 National Convention, we can now say it is a "GO". Tom Davis reports that he has worked out details and finalized the contract with Marriott Hotel in Cleveland near the Hopkins Airport. My thanks to Tom, John Schinker and Bob Bell who are doing the early ground work for the big project. We all need to volunteer to help in any way we can. Here are three things that you can do today:

1. Reserve the dates and mark your calendars for July 19-21, 2017 to attend.
2. Volunteer to help spread the word and serve on a committee or chair one.

3. Start a personal saving account if necessary to help cover your fees and expense.

At our CGLG meeting on June 25, 2016, the members confirmed Clark Bordner as president, Larry Kell as first vice president, Bob Bell as treasurer and Marcia Davies as secretary. The office for second vice president remains unfilled at this time but efforts are being made by the nominating committee and others to have a candidate by October 22, the date of our next meeting when and installation of officers for 2017. I strongly encourage you to attend this important meeting and to invite a guest or two to come with you. Most people if not all became members of our clubs because someone invited them.

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Attachments to JAB Newsletter

- Minutes of CGLG 2016 Summer Conference
- Letter from Miles Duck, new National Treasurer
- Fort Wayne Club 2016 Bus Trip



Johnny Appleseed Broadcaster

CLUB NEWS



A lot of updates on our website:

On the public side: <http://tgoa-mgca.org>

Scholarship page: 2016 Scholarships

National Awards page 2016 Awards

In Members Only: <http://www.tgoa-mgca.org/Members/Luvtodig/MemberPages.htm>

Gold, Silver, Bronze Contribution Form added to Red Book

Updates on Directory page:

- Committees
- National Directors
- Past Presidents
- Club Officers



Frank M.

Here is a photo of Fred Robinson (GoGC, member of the awards committee) presenting the William Moorehouse award to Rodney Toth at the April meeting.

Rodney is a past president of the region, chair of the awards committee, has a spectacular home garden, is a well-known Dahlia expert, is a plant show judge and is well known for his service at the club (MGCY), region and national level. On top of all that, he's a great guy!

PURPOSE: To honor the service that William Moorehouse has rendered to the Central Great Lakes Region. This award is given to an individual who has performed significant service to GARDENING in his or her respective community. The term GARDENING shall be interpreted to include all phases of horticulture, conservation and landscaping.

ELIGIBILITY: 1. the recipient must reside within The covered area of the region. 2. The service must be rendered directly by the recipient. 3. The service be rendered to or in the individual's own community of residence. 4. The service must be performed without compensation. 5. If the

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individual is engaged professionally in the field for which the award is being made, the activities must be performed beyond the normal course of professional interest and pursuits.

HISTORY: The award was first presented in 1964. Previous recipients are not eligible to receive the award a second time.



Fred and Rodney

Continued from p. 1

Our Fall Meeting will be held on Saturday, October 22, 2016 in the Exhibit Hall at Kingwood Garden Center, Mansfield, OH, located close by to the free parking lot and right across from the greenhouse that everybody likes to visit. Guest speaker will be Deborah D. Miller from the Davey Institute affiliated with Davey Tree Expert Company in Kent, Ohio. Deborah is well known in her profession and has more than 25 years of experience in diagnosing plant and tree problems. PLEASE PLAN TO COME. ---Les

Johnny Appleseed Broadcaster

KATHYS KIBITZIN' for JAB

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*“The world is too much with us; late and soon,
getting and spending, we lay waste our powers:
Little we see in Nature that is ours.”*

William Wordsworth

In June the Huffington Post had an article written by Homero Aridjis, a Mexican poet and environmentalist. Mr. Aridjis wrote that over 200 scientist, writers and artist had written letters to Mexican President Enrique Peña Nieto, U.S. President Barack Obama and Canadian Prime Minister Justin Trudeau. Here are excerpts from that letter:

“The signers urge that swift and energetic actions be taken to save the monarch butterfly from the threats that endanger its survival. All three countries must work together to mitigate the loss of the butterflies’ breeding habitat and to terminate all logging and mining in the Monarch Butterfly Biosphere Reserve in Michoacan, Mexico.”

“A principal cause of the 90 percent plunge in monarch numbers over the last 20 years is the massive use of glyphosate herbicides on land in the U.S. corn belt planted with genetically modified herbicide-resistant soybean and corn crops. Extensive spraying of these crops in the major summer breeding area of these butterflies has decimated milkweed, which is the only foodplant that monarch caterpillars can eat. New

generation crops are being developed to resist additional herbicides, so the threat to milkweeds is increasing.”

“In Mexico, degradation of the overwintering sites continues despite official assurances that illegal logging is under control. Recently, scientists have confirmed that 10 hectares of mature forest on land belonging to the state of Michoacan were severely logged in 2015. Observers have also found small-scale logging in the Reserve, with

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both forms of logging damaging the protective forest canopy.”



The letters proceeded the opening of the North American Leaders’ Summit in Ottawa in June. Often we look around and see the things we love in nature and our environment disappearing and think that we are helpless to prevent the onslaught of progress. But, we are not. Like these two hundred people you can lend your voice to the groundswell of voices that sounding the alarm.

You can plant milkweed to host the monarch butterfly larva and other flowering plants that can be used for nectaring. There are many varieties of milkweed plants, many with different blooms, blooming periods and cultural needs than the common milkweed we are most accustomed to. Do a little research at Monarch Watch, Milkweed Plants of Ohio and other on-line sources to see what fits into your garden. Plant them in masses, rather than individually, here and there as butterflies are poorly sighted. Avoid toxic herbicides and pesticides in your garden. Learn other ways of dealing with the weeds and bugs that are bothering you.

Think wisely before you buy and use toxic chemicals to clean your homes, clothing, and bodies. Think wisely before you purchase food for your household that is grown with substitutions of real food and nutrients with synthetic products that are developed to taste like the real thing, but are instead short of the nutrient values. Think wisely when you read and listen to your newscasters. Think wisely when you vote for your local, regional and national politicians. Who will work with you to save the monarch butterflies, the other native inhabitants of our world, and us?

Kathy Lee, igarden2@aol.com

The Gardeners of America - Fort Wayne

.....if you didn't start your own from seed....you are looking to know which plants were grown free of herbicides that are still lingering in their various parts.

Johnny Appleseed Broadcaster

St. Mary's Garden Club Event

St. Mary's Garden Club meet at the home Larry and Jo Grubers for are meeting with the program on the Herb of the Year, Capsicum. We toured his gardens and then was given presentation on many varieties of peppers and many uses.



Larry presented a small talk on Capsicums from the Herb of the year 2016. Larry and his wife also made different recipes from the book using the peppers. Guest could sample Paprika Chees and crackers, Poblano soup, Calyopso peach salsa, Mary Vetrice Lee San Antonio Chilli Stew, Spicy Sweet Jicama Salad, Hot vegetable Oatmeal crumble, Mexican chocolate cookies and Jalepeno lime syrup over ice cream.

The food was very good and the evening very enjoyable. July of every year he presents the herb of the year and makes special dishes plus a tour of his unique garden.

Deb McDermitt President
debatweb1953@gmail.com



YOUTH GARDENING

Congratulations to the Akron Club, winner of the 2015 National Youth Gardening Club Award. This committee was chaired by Stephen Thompson and the award was presented at the 2016 National Convention. Watch for details of what they did in the Octopus article in the next National Newsletter

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Capsicum 2016 Herb of the year

<http://www.iherb.org/117-2/>

http://www.paherbfest.com/Herb_of_the_Year.html

When the International Herb Association selects The Herb of The Year it is based on the herb being outstanding in 2 of the 3 categories: Medicinal, Culinary and Decorative. Peppers are definitely valued for their medicinal properties, as well as their flavor.

Capsicum is a member of the same family of plants as the tomato, potato, eggplant and paprika. The chili pepper, Capsicum was first cultivated by peoples of Central and South America around 7,000 BC. Capsicum consists of 20 to 27 species with the fruit available in all colors, shapes and sizes.

The plant is an herbaceous fruit that has been used to flavor foods, used as currency, and used medicinally throughout its long history.

Peppers are easy to grow. Plant them in the spring after there is no threat of frost and they will fruit in the Summer. Ideal growing conditions for peppers are in a sunny location, 70 degrees F to 84 degrees F in a well-drained loamy soil.

Capsicum peppers can be eaten raw or cooked. For thousands of years, humans have selected peppers for traits that affect heat, color, and flavor in the fruit.

Medicinal values in modern medicine are used in topical medications to relieve pain and itching. When it is applied to the skin, capsicum cream has been found to deplete substance P—a neurochemical that transmits pain—which desensitizes a person to pain. Capsicum cream produces a temporary reduction in pain, so it must be used regularly to provide prolonged pain relief. Some of the conditions include back pain, joint pain, muscle pain, and Fibromyalgia.





Summer Gardens: dump the August slump

August can wreak havoc in the garden. But with the right mix of late-flowering perennials you can keep ahead of the wilt.

<http://www.theguardian.com/lifeandstyle/2014/aug/17/beating-the-garden-august-slump>

The fields are blond and the lawns are tracked with wear after a summer of heat. The borders are toppled, courgettes (zucchini) turned to marrows and weeds are pushing from the rows of bolted lettuce. This is just the way that things are at this time of year, but I try to balance the August slump with late-summer interest.

Small tweaks can make a big difference. Stake hollyhocks so they don't topple and can be enjoyed as they go to seed. Standing tall, they become frames for annual climbers, such as Morning Glory (*Ipomoea*), which are at their best in the latter half of the summer, sprinkling the garden with color. If things have gone to plan, blossoming summer annuals will cover for earlier perennials that are spent and gone – Cosmos will be getting taller, Cleome will be fizzing up their stems, only stopped by the autumn frosts.

Annuals in pots will cover for a multitude of sins in the borders if there isn't room among the perennials. Unlike many other flowers that bloom nonstop, buttercup-yellow *Bidens* go quite happily without deadheading. We've used them with lime-green *Nicotiana* and the aptly named *Gaura lindheimeri* "Whirling Butterflies". Although the *Gaura* is a short-lived perennial, it will flower in the first year from seed. If you are lucky it will find a crevice to seed into next year.

Where many earlier-flowering plants will now be tired, late-flowering perennials will still be looking smart. Although many of the asters are yet to come, they provide good energy in the August border as they prepare to flower. This is also the month for *Helenium*, which "ripens" the color in the garden with shades of red and rust and terracotta. I love *Helenium* "Indian Summer", with its ruby-red flowers, studded with golden pollen.

Persicaria amplexicaulis will have started to flower in late July, but they wait until this potentially scruffy moment to bring it back together again with delicate tapers. Handsome foliage of elongated hearts underpins a skyline of verticals which will continue to hum with the activity of bees deep into autumn.



Persicaria "Firetail"

Persicaria is a staple perennial for me, useful in dappled shade or bright sunshine. It likes a retentive soil or good mulch. I have "Blackfield" on trial this year to join "Firetail". It is a darker crimson and slightly shorter, growing to about 3ft. "Rosea" is the prettiest of pinks but few things come close to the elegance of "Alba", with its clean drawn-out tapers. I like them with the vertical of copper-leaved *Cimicifuga simplex* "Brunette".

Buddleia, *Perovskia*, *Indigofera* and *Caryopteris* "Heavenly Blue" are all worth holding a place for. If August stays dry they will double in value for being a host to butterflies. Find them the warmest, most open spot you have and let the best of the summer find its way into their branches. Forget the browning grass and the muddle in the borders.

Get growing

Avoid the August collapse and grow a number of annuals in pots to insert among June perennials once they have peaked.



Cosmos "Sonata White"

Johnny Appleseed Broadcaster

A Little Gardening Brainteaser



At a recent fete, four keen gardeners were displaying their fine roses. In total there were four colors and each rose appeared twice. From the clues below can you tell who had which color roses?

- *Mr. Green had a yellow rose.*
- *Mr. Yellow did not have a red one,*
- *Mr. Red had a blue rose but not a green one.*
- *Mr. Blue did not have a yellow one.*
- *One person with a red rose also had a blue one.*
- *One person with a yellow rose also had a blue one.*
- *Neither of the persons with a yellow rose had a green one.*
- *No person has two roses of the same color.*
- *The persons names do not provide clues.*

Kay Musgrave submitted this to the TGOA FW Newsletter FLORA FLASH. Answers p. 7

Question: Do you prune/cut back your petunias?

<http://questions.gardeningknowhow.com>

<http://www.gardeningknowhow.com/ornamental/flowers/petunia/cutting-back-petunia-plants.htm/?print=1&loc=top>

It's easy enough to keep your petunias attractive all summer long if you begin early with maintenance and keep at it through the life of the plant. Maintenance is especially important if you brought home a full and flowering hanging basket in late spring.

Before you begin cutting back petunia plants, take a close look at them. Notice that the plants – whether they are the [Wave varieties](#), Super Petunias or just regular ones – only produce flowers at the very end of the stems. That means that as those stems grow longer, you'll have flowers at the very end of bare stems.

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For best results, start pruning petunias soon after you install them in your yard. Cutting back petunia plants is not hard. You need to clip a few stems every week. Start early, even if this means you must trim off stems that have attractive flowers on them. Whenever your petunia stems are eight inches long or longer, begin the pruning schedule. If your plants are small when you buy them and the stems are shorter than eight inches, you can wait awhile to clip.

RODNEY and KAY'S 20th ANNUAL OPEN GARDEN

You are invited to visit Rodney and Kay Toth's gardens **Sunday, September 4, 2016, 10:00 a.m. until 6:00 p.m. Note! This is the last one.** They reside at 5637 W. Liberty St. (Rt. 304) Hubbard, OH 44425. (2.5 miles east of Belmont Ave., State Rt. 193).

There are several major gardens that feature many **special dahlias**, different and unusual varieties of tomatoes such as 'Wapsipinicon' (in The **Giant Tomato Forest**), peppers such as 'Hungarian Paprika', hosta, coleus such as 'The Flume', annuals, perennials, The **Great Gourd Tunnel** (a forty foot long gourd arbor) and its **new sibling** with 'Gremlin Gourds', The **Grandchildren's Garden** with plants such as Cobra Beans, Voo Doo Lily, Megaton Cabbage, 'Ya Ya Carrots (and much more), a **Super Castor Bean Garden**, The **Marigold Garden**, the '**Cushaw Squash**' Garden and The **Potpourri Pole** with Climbing Hyacinth Beans.

Special guests will be **singing entertainment** by Monica Toth Baker at 2:00 p.m., John Schinker from the Men's Garden Club of Youngstown with **mums** and Alice Lang with **decorative gourd art**. **Come** and have a relaxing day visiting and sharing with friends. **Note – Ample Parking** is available. There is **no admission fee**. For additional info or to arrange **Garden Club Tours** on other dates contact Rodney Toth at (330) 759-1993.



Rosemary for Remembrance

http://www.bobbimullins.com/herbs/october-herb-of-the-month.html

As we reflect on happy fall memories, let us sip on some rosemary tea to aid the process! Rosemary has long been associated with memory, loyalty, love and friendship. That's why rosemary is often used in wedding arrangements and boutonnières. In ancient times rosemary was woven into a wreath worn by brides, and was a symbol of love and fidelity. Guests were given a sprig of rosemary, sometimes gilded, and tied with ribbons.

Last month I mentioned that thyme would make my top 10 list of culinary herbs. Rosemary is also very high on that list. You'll find it used in some surprising ways in my Fall Detox Cookbook. It pairs well with root vegetables, chickpeas, chicken, lamb, and even berries.

Combine rosemary with turmeric and pepper for a super detox spice mix to use in hearty fall soups.

You can make rosemary tea by steeping 1 teaspoon of fresh rosemary in a cup of water for about 10 minutes. This tea can be used to help with colds, fevers, headaches, fatigue, depression, indigestion and inflammation. In fact, herbalists say that rosemary tea can be as effective as aspirin for headaches and joint pain. It also makes a great rinse for hair, scalp, prevention of baldness, and clear skin.



Did you know?

- According to Sir Thomas Moore (1478-1575), "Where Rosemary flourished, the woman ruled." (1)
- Rosemary was often used to flavor ale and wine and as such could be used as a skin toner, a cough syrup, and a shield against evil spirits.

- It was burned in hospitals to disinfect the air, and the ashes were used as an antibacterial to brush teeth.
- In Shakespearean times, rosemary was given as a New Year's gift.
- Legend has it that the Virgin Mary found shelter among rosemary while fleeing from Egypt with the baby Jesus.
- It seems that rosemary is another favorite hiding place for young fairies!

Fall is time to harden your rosemary to the indoor environment if you haven't already brought her inside. Rosemary is not always pleased about living indoors. You'll want to gently entice dear little Rosemary to move by bringing her in for short periods at a time during the coolest part of the evening. Then slowly lengthen the time spent inside until she's there to stay. All of your plants will benefit from this treatment, but none as much as rosemary. And remember, you will still need to check the soil and determine the best indoor watering schedule to allow the soil to dry out before watering again, but not for long.

This may sound like a lot of trouble, but you'll be glad you took the extra time when you're enjoying the fragrant aroma and taste of fresh rosemary in the middle of the winter.

(1)Grieve, A Modern Herbal (©1931

Answer to Brainteaser on p. 6

https://www.brainbashers.com/showanswer.asp?ref=ZROR.

Name	Rose 1	Rose 2
Mr. Blue	red	green
Mr. Green	yellow	red
Mr. Red	blue	yellow
Mr. Yellow	blue	green





2017 CONVENTION ANNOUNCEMENT!!

The 2017 TGOA/MGCA convention will be held in Cleveland, OH! Please see the early information below:

OFFICIAL PROGRAM DATES:

Tuesday, 07/18/2017 - Saturday, 07/22/2017

LOCATION:

Cleveland Airport Marriott
4277 West 150th St.
Cleveland, OH 44135
Phone: (216) 252-5333

Web Address: www.clevelandairportmarriott.com

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WHAT YOU CAN DO NOW:

1. PUT THE DATES IN YOUR CALENDAR.
2. CHECK OUT THE CLEVELAND AREA MARRIOTT WEB SITE. IT IS ONE OF ONLY 10 FAMILY OWNED MARRIOTTS IN THE USA.
3. THERE IS A LOT TO SEE IN CLEVELAND! COME EARLY, OR STAY OVER. WE MAY RUN TOURS ON THURSDAY AND SATURDAY TO SEE ALL THE GARDEN RELATED SITES.
4. ARE YOU FROM THE AREA? THINK ABOUT A “STAYCATION” AT THE MARRIOTT. RATES WILL BE \$94/NIGHT (OR \$35 BELOW ‘BEST CORPORATE RATES’) WITH COMPLEMENTARY WIFI AND PARKING, SO IT IS VERY AFFORDABLE.
5. SEND QUESTIONS OR IDEAS TO
 - John Schinker, MGCY
johnschinker@gmail.com
 - Bob Bell, GoGA
mrrnbell@hotmail.com
 - Tom Davis, GoGC
tsd123@roadrunner.com



Enjoy the lovely photos from Les’ sister, an avid gardener. Thanks Les

CENTRAL GREAT LAKES GARDENERS FALL MEETING

October 22, 2016 – 10:00 A.M. to 2:00 P.M.

Kingwood Center Gardens, Mansfield, Ohio

Business Meeting Agenda

1. Call to Order, Pledge of Allegiance, Opening Prayer

2. Roll Call of the Clubs – Marcia Davies

3. Treasurer's Report – Bill Lanning

4. Approval of the June 25, 2016 meeting minutes – Marcia Davies

5. Committee Reports – None today unless necessary or requested.

Awards, Health & Welfare, Historian, JAB, Judging, Nominations, Websites, and Youth Gardening

6. Welcome and Remarks by TGOA/MGCA PRESIDENT BILLY CLARK with Q & A

7. Old Business:

Open discussion and review of recent National Convention in Green Bay, WI

8. New Business:

2017 National Convention Planning Report – John Schinker, Tom Davis, Bob Bell
July 19-21, 2017 to be held in Cleveland, Ohio

9. Installation of Officers for 2017 by Billy Clark assisted by President Elect John Schinker.. The Regional President's Pin of The Men's Garden Club of America will be passed on from Les Knight to our new CGLG president Clark Bordner.

Noon or before break for lunch at the Golden Corral, 575 N. Lexington Springmill Road, Mansfield, OH.

1:00 P.M. – Ms. Deborah D. Miller MSc, Senior Plant Pathologist, Diagnostician and Researcher, Davey Institute, Kent, Ohio. Her power point lecture will review various tree and shrub problems encountered in the landscape including disease, insect, cultural and environmental problems.

2:00 P.M. Adjournment and departure for safe trips home.



2016 CENTRAL GREAT LAKES GARDENERS MEETINGS AND CONFERENCE DATES
Gardening in Education and Excellence in Horticulture Since 1932

CGLG Fall Regional Meeting- October 22, 2016 Kingwood Center, Mansfield OH – Les Knight
2017 TGOA National Convention – July 18 – 22 Cleveland, Ohio - John Schinker

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