

The JOHNNY APPLESEED BROADCASTER



*The 2009, 2010, 2011 Regional Award Winning Newsletter
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Indiana – Michigan – Ohio*



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President's Message-



My name is Les Knight and I am your president for 2016. I am glad to follow Sam Morlan in this position after he served very well as your president last year. It is a pleasure to serve with the other officers who were installed at our last meeting in October, those being Bill Lanning, Treasurer, Marcia Davis Secretary and Clark Bordner, First Vice President. The office of Second VP remains unfilled but I am hopeful it will be filled soon.

In the way of background, I was born in western Pennsylvania and lived on a 30 acre farm with my parents. I have two brothers and two sisters. While on the farm I learned about many things related to nature, outdoor living, gardening, farming and animal care. We raised cattle, hogs, chickens, turkeys and other small pet animals. My parents had a greenhouse equipped with boiler and hot water heating for growing various vegetable and flower plants. The large garden partially surrounded with fruit trees was a focal point for producing vegetables, fruits and flowers. So you see my love for gardening and nature comes naturally.

As many of you know, there has been a great deal of thought and discussion about the future of our region organization. The need for continuation will require men and women willing to step up to serve as officers and committee members. We are thankful for those who serve now. As we are all members and friends of this region, Central Great Lakes, it is my strong opinion that it should continue and that we should do all we can to

preserve it. CGLG is the largest and most active region in our National organization.

Regarding a Summer Conference for this year, plans are being made under the leadership and direction of Clark Bordner and committee. It is Clark's strong feeling that we should have a conference this year and he hopes you feel the same. We will have further information for you at the Spring Meeting at Kingwood on Saturday, April 9, 2016.

For those clubs that offer college scholarships, I would remind you that the deadline for submitting candidate scholarship applications to National is April 1 each year. Refer to our websites for all your information.

I encourage you to invite a friend or two and come to the spring meeting on April 9. It will be held in the Exhibit Hall at Kingwood Garden Center, Mansfield, instead of the general meeting room that we have used in the past. The meeting room is being remodeled at present. Our guest speaker will be Mr. Chuck Gleaves, Director of Kingwood Gardens. He will speak on the history and background of the formation of the gardens. Thank you and hope to see you in April. ---Les

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CLUB NEWS

Sheryl in the National Office updated more of the TGOA 2016 Club Officers & Club Presidents as well as Directories.

Recent TGOA website updates:

2016 National Convention: <http://www.tgoa-mgca.org/Convention.htm>

- Welcome Letter
- Registration Form
- Hotel Information and Registration
- Schedule of Events
- Bus Tour for Thursday - Schedule

Also recent Directory updates in Members Only

- Past Presidents
- Club Officers
- Web link Club Directory

Also 2017 Calendar Preorder form on Home page. Club Presidents and Meeting Places in Member Clubs page

- Club Officers and Club Web Links in Directories in Members Only

Shortcut to Directories: <http://www.tgoa-mgca.org/Members/Luvtodig/Directory.htm>

Awards site: <http://cglr.org/Awards.htm>.

Revised Youth Gardening Contest Rules and Forms posted in the Red Book page in Members Only.

Rules and Forms for:

- Favorite Flowers
- Perfect Plants
- Container Gardening
- Big Pumpkins
- Sunflowers
- Octopus Outreach

Shortcut: <http://www.tgoa-mgca.org/Members/Luvtodig/RedBook.htm>

Frank M.

TGOA /MCGA National Convention. July 13 – 15, 2016 Green Bay Wisconsin. **Please see web site with packet information.**

Club Newsletters page in ‘Members Only’ was updated to add a clubs and remove clubs no longer active and some who have not posted their newsletters for several years. This page is for TGOA clubs with websites with a page containing copies of their monthly newsletters.

A shortcut to the page:

<http://www.tgoa-mgca.org/Members/Luvtodig/NewsIndex.htm>



**AGENDA
April 9, 2016
10:00AM to 2:00PM**

CENTRAL GREAT LAKES GARDENERS (CGLG) SPRING MEETING, KINGWOOD GARDENS MANSFIELD, OH

Pledge to American Flag

Prayer

Roll Call – Marcia Davies

Treasurers Report – Bill Lanning

Secretary’s Minutes October 2015 – Marcia

Committee Reports:

Awards Rodney Toth; Health & Welfare, Tom Davis; Historian, Leroy Hart; Newsletter, Marggie Faley; Judging, Jim Bell; Website, Frank Mitch; Nominations, Tom Davis; Youth Gardening, Cheri Kessen

Old Business – Summer Conference 2016

New Business – National Convention 2016 and National Convention 2017- Discussion

Lunch at noon - Golden Corral

Speaker at 1:00PM – Mr. Chuck Gleaves, Director, Kingwood Gardens Staff

KATHY'S KIBITZIN for JAB

"You can't sow an apple seed and expect to get an avocado tree. The consequences of your life are sown in what you do and how you behave."

Tom Shadyac

Here we are in another new year. I can hardly keep up anymore! But, I can always find something to blather on about. I couldn't make up my mind between 2 topics this time, so I'll go on a bit about both of them.

First up, the **International Herb of the Year is Capsaicin**...you know. The spice in peppers. Sweet peppers don't have much of any, but oh my! There are some that are so hot, they are inedible; even to the well indoctrinated.

The degree of heat is often measured by Scoville Units. The higher the number, the hotter the pepper. Herbalists' claims that cayenne aids - digestion, strengthens the heart and nervous system, and improves peripheral circulation have not been scientifically verified. However, red peppers are rich sources of antioxidants including vitamins C and E as well as the yellow to red pigments called carotenoids.



If you have cooked with any of the hot peppers, you will know the pain you might be subjected too if you fail to put on gloves while cutting them. And, especially, if you then touch around your eyes or mouth. There are a number of home remedies to ease the pain. I've tried many of them; whole milk or yogurt, oil, vinegar, bleach, dish detergent, rubbing alcohol, the list can go on and on. I tried many of them once.....nothing worked perfectly. After trying 4 or 5 different suggestions, the stinging began to lessen. Maybe just from the mountain of stuff, I had used. But, I learned my "lesson"! Now I wear gloves.

So, use the peppers in as many different ways as you can think of this year and just enjoy the moment.....but wear gloves if they are hot peppers.



"In the art of cooking, seasonings are the magic ingredient without which many culinary creations are dull and flavorless."



The second subject is **Winter Seed Sowing**. I'm not talking about the vegetable seed you start inside in February or March and grow under lights; but seed that you can plant and put out into the weather for the entire, or part of the winter. Any seed from native plants can be left out in the winter weather. It will be watered with the rain and snow, frozen and thawed and when it is time for the seedlings to emerge, they do just that!

This method saves ever so much trouble. And the seedlings don't have to be hardened off before planting them into the flower bed or landscape, because they have emerged in the conditions they will be growing in. Wa la! It is great. No fuss no muss. You prepare the container; holes in the bottom. Any old recyclable container will do; milk, juice, vinegar, bleach jug. Cut the top off. Put 3 - 5 holes in the bottom at the lowest points of the container. Be sure to make them big enough that the soil doesn't clog it up. Put a paper towel in the bottom to cover the holes so the dry dirt doesn't fall through.

Put 3-4 inches of soil in the pot and plant your seed. Space the seed enough that you can get the seedlings apart when you are ready to transplant. Cover the seed if the package says to cover. Wet the whole thing down — carefully. Label it and place it outside. Some people like to tape the top back on, but if you are using a quart or gallon nursery pot, you won't have one. I've done it both ways....it doesn't seem to matter. Then just wait until the seedlings emerge and have 3 sets of leaves. Now transplant to where you want them for the rest of their life.

Continued p.6



CGLG CLUBS PROJECTS

CGLG Cleveland Service Projects



The Gardeners of Greater Cleveland Service Projects

The Gardeners of Greater Cleveland (GoGC) lent their expertise this spring to the paralyzed veterans at the VA hospital in Cleveland. The club had a planting day with the veterans in May, 2015 to fill their raised beds with a combination of edible and ornamental plants.

The GoGC developed these raised bed gardens in 2014 helped greatly by a “Gardening from the Heart” grant from TGoA/MGCA. Ron Heggen, treasurer at the time and a highly decorated veteran, was very helpful when we applied for these funds. The raised beds are great favorites of the wheelchair bound Vets.

Thanks to the “Gardening from the Heart” grant and a generous matching gift from one of our club members, the club was able to provide additional elements (like bird seed and feeders) for the Vets’ enjoyment. Vince Staffileno (newsletter editor) and Larry Kell (president) built a special cart to hold adaptive gardening tools the club purchased. Then in July, 2015 the GoGC built a large raised bed garden at a residential facility for disabled folks on the west side of Cleveland called “Carey West.” Then the club worked with the residents to plant it up. Since wheelchair access was problematic, the club installed a paver path at Carey West in September.



In addition to the resources that the club and the “Gardening from the Heart” grant provided, Home Depot and Kurtz Bros, (local landscape supply company) were generous supporters of these projects. According to Larry Kell, club president, “One of the key priorities of our club is outreach to disadvantaged populations by providing greenspaces that enhance their quality of life.”



<http://www.gardenersofgreatercleveland.org>.



CLUB PROJECTS

Excerpt from Gardeners of Greater Akron (GOGA) Newsletter “The Gabber”

“GOGA’s Youth Gardening Team is proud to support the youth gardening program at Crouse Elementary School in Akron. We are in our second full year of partnering with Crouse kids, their teachers and principal. This fall, GOGA Youth Gardening Team member Marilyn Fellenstein has been working with Crouse teacher and garden program director Julia Spangler in Julia’s classroom. Marilyn has assisted students as they wrote scripts of speeches about their garden experiences (past and anticipated). Those short speeches were delivered in October at Buchtel Akron High School in front of an audience gathered for a Farm to School program.

The latter describes itself this way on its website: “Farm to school enriches the connection communities have with fresh, healthy food and local food producers by changing food purchasing and education practices at schools and preschools.” According to Julia, the speech-giving students were thrilled to see their classroom helper, “Miss Marilyn,” at the event!

Here are some of the speeches and a bit of context for each.



Classroom Garden

Each of the classrooms at Crouse has its own raised bed on the lawn area outside of the school. In the spring, they prepare the beds and plant vegetables (seeds and started plants). Neighbors are invited to

weed and pick produce during the summer. In the fall, students take dead vegetation to the composters and spread compost. First grade Ciriya is looking forward to her first garden experience. “Hi, my name is Ciriya and I am in the first grade. I am telling you about when I plant a garden. I’m going to plant some potatoes and some tomatoes too! I will use garden tools like shovels and rakes. I will be sooooo happy! I will watch them grow. I can’t wait to learn in the garden!”

In spring 2015, six GOGA members bought biodegradable pots, soil, and sunflower and Spring 2016 pumpkin seeds with GOGA funds. They met in the Crouse classrooms and helped students’ plant seeds in the pots for transport home and home planting. Observations were recorded in journals.

Eriona Young, fourth grade, told her story and showed her pumpkin to the audience. “Have you ever planted a seed at school and took it home over the summer? I have, last year some people came to help us plant a pumpkin or a sunflower. I planted a pumpkin they gave us a pot with soil in it. Then we put our seeds in the soil. After that we took it home. It started to grow. It is so big that the leaves went to another house. See how big it is now!”

We salute these young gardeners! We hope their gardening experiences now at Crouse School lead to future labor, health, and satisfaction in their own gardens”.

<http://gogakron.org/>





Spring Tree Care

Steve Cramer Horticulture Agent
Colorado State University Extension

“How can homeowners keep shrubs and trees healthy during the spring and throughout the year?”

For an answer, it's important to know something about the needs of healthy plants. Facts to consider include a plant's capacity to make and store carbohydrates, enough soil moisture, and soil that has adequate nutrients and is conducive to plant growth.

Capacity to make and store nutrients: This is important to all plants and it is not as simple as it may seem. Each perennial plant must be able to store adequate carbohydrates, not only to reproduce leaves for each year, but also to "hold in escrow" the energy needed to grow new leaves, if they are killed by frost or destroyed by wind or hail.

If graphed, the carbohydrate storage curve would be high in early spring, just before trees leaf out. After leaf-out, it would plunge (because the tree has used a lot of stored food energy to put on new leaves). Then, in midsummer or later, the curve would rise again, as the tree begins to build new food stores.

Trees and shrubs use stored nutrients in early spring. By the end of spring, after a tremendous growth spurt, trees have used up a lot of these nutrients. A healthy tree will begin, through the process of photosynthesis, making new supplies of nutrients (carbohydrates).

Though summer is hot, the healthy plant will continue to make and store nutrients sufficient to carry it through the winter. In fall, plants begin to lose their leaves and go dormant for winter, and the tree's food-making capacities slow down.

By knowing this cycle, it becomes apparent that the plant must be healthy enough to manufacture, store and use adequate nutrients throughout the year. If it isn't, you will end up with dead branches or even a

dead tree. In some cases, a tree may have just enough food stored to begin leafing out, but not enough to continue growing. In that case, the tree will die. Proper plant care, year-round, should prevent this from happening.

Soil moisture: Too little or too much moisture will result in a tree dying back or dying off. As a rule of thumb, soil needs to be moist to between 12 to 18 inches of depth for most trees and shrubs. The only way to check moisture depth is to check by careful digging or by using a soil probe after watering the root area.

Don't assume you are watering a tree when you are watering your lawn. Most of the water may go to the lawn, which has many roots competing with tree roots. Thatch in the lawn acts to repel water, and different soil types make water penetration very difficult in many cases. Soaker hoses and root waterers can be useful tools for applying water. Be sure to apply water during extended winter dry periods. This is vital to good tree health.

Soil types: Soils can vary greatly within a short distance. Generally, Front Range soils tend to be clayey and alkaline. However pockets of sandy soils can be found in some areas. You need to ascertain what type of soil you have and take steps, gradually, to improve it. If yours is a clay soil, aeration will help provide oxygen needed for optimum plant health.

Soil nutrients: In general, trees do not need as much fertilizer as do lawns. However, in our generally high pH soils, nutrients, such as nitrogen, iron, zinc and manganese, can be added. Note the color of leaves and needles. If they look sickly or light colored, that is a clue that additional nutrients may be in order. If you are concerned about soil health, you might consider having your soil tested.

By understanding these and other plant needs, you will know how to provide healthy plant care, not only each spring, but throughout the year”

<http://www.colostate.edu/Dept/CoopExt/4dmg/Tree/s/sprngtre.htm>





Bill Lanning Retires as CGLG Treasurer

After many years of exceptionally effective service as the treasurer of the Central Great Lakes Gardeners, Bill Lanning will be passing the baton to Bob Bell (Gardeners of Greater Akron). Bill has been a member of TGOA/MGCA since 1972 (44 years!) and has served his local club, the region and the national organizations at all levels.

In 1998 he was President of TGOA/MGCA and personally visited 42 of the member clubs. That's a record that will surely never be broken. He was also president of the Men's and Women's Garden Club of Findley five times.

Bill has won all the "hardware" available to an individual. This includes all the possible CGLG awards and The Silver Award from the national organization. His dedication to these organizations is remarkable, and he well deserves all the recognition he's received.

Bill is also a well-recognized gardener. He is a master gardener and it shows. At one point his garden held 15,000 gladioli! (He says it wasn't clear if he was in charge or the plants were!). Bill is also a noted gourd gardener and gave a presentation on gourds at the 2011 National Convention in Kansas City. He served as National V.P. of the American Gourd Society for seven years. So he for many years to come.

Tom Davis,
Gardeners of Greater Cleveland



Bill Lanning, Marcia Davis and Les Knight

Continued from p. 3

I've planted prairie grasses and native forbs, such as grey-headed coneflower, purple coneflower, New England Aster, etc.



Winter seed sowing

If you don't want to go with native things for your landscape, you can use the same method, right now with lettuce, cabbage, chard, dill, spinach, radishes, any of the cool weather vegetables you put in your garden. Or, if like tomatoes, you have seen them volunteer in your garden, you can start those too. Then the plant will be labeled and you will know what you have.

And there you have it.....!

Kathy Lee, igarden2@aol.com
The Gardeners of America - Fort Wayne



*You have to believe in happiness,
Or happiness never comes ...
Ah, that's the reason
a bird can sing - on
his darkest day
he believes
in Spring.
- Douglas Malloch*

**Minutes of Regional Fall Meeting – Central Great Lakes Gardeners****October 10, 2015**

The meeting was conducted by President Sam Morlan. Pledge of Allegiance and Prayer by Rodney. The Roll Call was answered by 15 from 5 Clubs.

Treasury report was provided by Bill Lanning. Current Balance in checking \$612.32; In C. D. \$6741.75; which matures on 7/8/16.

Minutes of July Summer Conference were provided. Moved to accept by Bill, 2nd by Bob Bell. Vote approved.

DIRECTOR REPORTS

Cheri and Anita have no reports. Frank provided his report. He noted this would be his last year as he is taking a national V. President position.

COMMITTEE REPORTS

Awards – Rodney noted it is difficult to present an award if there isn't a nomination. All nominations are appreciated. Always check the website for updates.

Health/Welfare – Tom Davis was absent due to surgery.

Historical – Leroy had no report.

Judging - Jim Bell has a class scheduled for October 24.

Website - Frank noted the two sites are keeping him busy. Also the Facebook page has been growing. Last count 200 people signed in. The main purpose is to get the word out with general information

Youth Gardeners – In Cheri's absence, Les gave her report. Changes she purposed last spring were approved at June convention. Contest results are due to her at headquarters by November 15. All contest information forms are in the Red Book on Website. The Octopus Program was explained; it is not a contest.

OLD BUSINESS – Bob Bell provided report on Summer Conference \$215.11 was given to region from the finances.

NEW BUSINESS – Our meeting location at Kingwood is \$50.00 for 4 hours. With discussion, decided with a proposal by Sam, we meet at 10:00AM for business; Have speaker at 11:00AM Then go to lunch at 1:00PM. This was approved.

Two members of the Mansfield club were in attendance. Jim Kulig and Jack Iliff. They were asked for help with this location and for speakers. They will provide a list.

Officers for 2016 have no 1st V.P. A person that would be interested was not present due to health reasons.

Clark Bordman would take the office subject to his health improvement. Nominated by Frank, 2nd by Bob Bell, and approved.

Bill Lanning announced he wishes for 2016 to be his last year as treasurer.

The Summer Conference in 2016 was discussed to be a one day event. Vote approved. Officers for 2016 present were Bill Lanning – Treasurer; Marcia Davies – Secretary; Les knight – President. Officers installed by Frank Mitch.

Adjourned

(After lunch members gathered for program on Entomology, “Good Guys and Gooder Guys” by Richland County Master Gardener Merrial Tawes).

Marcia Davies

Secretary

mmf/11/16

CENTRAL GREAT LAKES GARDENERS

Gardening Education and Excellence In Horticulture Since 1932

To: ALL CENTRAL GREAT LAKES GARDENERS TGOA/MGCA CLUBS

FROM: THE C.G.L.GARDENERS AWARDS COMMITTEE

RE: YEAR 2016 C.G.L.GARDENERS 67th ANNUAL CONFERENCE AND AWARDS

Note! Dates and locations are tentative and subject to change

Dear Club President and Awards Chairperson,

The Awards Committee would like to have all C.G.L.GARDENERS Clubs participate in the awards program. **Please review the enclosed material with your members as soon as possible and refer this material to your President, Awards Chairman and Newsletter Editor. Also, please save this material for future reference.**

The following are once in a lifetime awards: THE WILLIAM MOOREHOUSE AWARD (Replaces THE MASTER GARDENER AWARD. Previous recipients are not eligible for this award.), THE GREEN BRONZE MEDAL and THE DELBERT R. DUNBAR AWARD.

In addition to the awards above we call your attention to the following: HORTICULTURE ACHIEVEMENT, HORTICULTURE JOURNALISM, CERTIFICATE OF HONOR, ENVIRONMENTAL CONSERVATION ACHIEVEMENT and the SPARK PLUG (please note Spark Plug criteria updates on the CGLG website) awards. There are many people deserving of these awards. **Please help us honor them by nominating them for an award.**

Awards will be presented at the C.G.L.GARDENERS 67th ANNUAL CONFERENCE . Additional information TBA.

The deadline for submitting nominations is April 9, 2016. You may re-nominate a person if they were previously nominated but did not receive the award. **Please e-mail or mail nominations and supporting data to all the committee members listed below or bring nominations and data to the C.G.L. GARDENERS Spring Meeting at the Kingwood Gardens in Mansfield, OH on April 9, 2016. NOTE!** Criteria and a list of past recipients of these awards can be located on the CGL GARDENERS website (<http://www.cglr.org>) under REGION AWARDS – Submission Details & Instructions.

Respectfully submitted by your C.G.L.GARDENERS Awards Committee,

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2015 CENTRAL GREAT LAKES GARDENERS MEETINGS AND CONFERENCE DATES
Gardening in Education and Excellence in Horticulture Since 1932

CGLG Spring Regional Meeting- April 9, 2016 Kingwood Center, Mansfield OH – Les Knight
TGOA MCGA Summer Conference – July 13 to 15, 2016 Green Bay Wisconsin, Billy A Clark

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