

# JOHNNY APPLESEED BROADCASTER



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## PRESIDENT'S MESSAGE-

Notes from Fort Wayne and the back yard.

The Central Great Lakes gardeners should be proud of their attendance at the annual convention. There were about 100 folks listed on the attendance roster and 21 of that number were from our region. Good Work Guys!!

The convention was well planned and the Ft. Wayne gardeners were ever present to assist. The hotel was situated such that there was mandatory exercise as the rooms were on one end of the hotel and the restaurant on the opposite end. A bit of walking allowed one to have that desert.

There were a variety of programs to keep the convention moving and the attendees well informed. The Thursday all-day tour was one of the highlights of the program. Two busses provided comfortable accommodations, and perhaps a short nap between the several venues that started early and kept us busy all day. The final stop of the day at a winery where we were invited to try six of their many options was the cherry on the sundae.

One of the highlights of the convention was exposure to the extraordinary library of genealogy maintained at the Allen County Public Library. I have not done much in this area, but am going to do some exploring to see what I can find.

Back home I find that there is plenty of work outdoors to fulfill my need to get my hands dirty and pretend that I am helping the plants grow, although some times the plants do well without my help.



Although I enjoy the seasons, and Fall is my favorite, I have noticed that the days are getting a bit shorter. A reminder to us all to finish those outdoor projects sooner rather than later. And to keep a list of projects best accomplished in the workroom or basement when the days are shorter and the weather cooler.

I think I can safely say that gardeners are friendly folks; eager to help others when they can, happy to share experiences, comfortable in their own skin, and without pretense. I like the gardeners that I meet, I hope you do too. Larry

## Special Note

Agenda DRAFT for Central Great Lakes Region Fall meeting is attached to this newsletter. Region members please advise me of any items not mentioned that should be brought up at the meeting.

Please let us know names of potential candidates for the two open regional vice president positions. All suggestions should be directed to Clark Bordner as past president and chair of nominations with a copy to me. Thanks, Larry

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Attachments – CGLR Summer 2018 meeting minutes and Fall 2018 meeting Agenda



**CGLG Club's Update**

Most everyone knows by now that the Gardeners of Van Wert County have disbanded. We are very sorry to lose any of our clubs but Van Wert will be especially missed. The good news that has come to me is that Marcia and Dale Davies are now members of Gardeners of Ft Wayne, IN. Lucky for Ft Wayne.

The other good news is that Van Wert has included the CGLR in the dispersal of their funds. I received a check for \$200 in July for the Region. They had already given us a check for \$100 dollars. We all need to thank the Davies' for their continued support.

Bob Bell, Treasurer CGLR



**Update - Cleveland Club Award**

Here's a photo of the award presentation to Trader Joe's for donating the bags for the 2017 convention in Cleveland. The store manager is Mike McGinnis and I'm on his right. The staff at the Woodmere, OH store was really pleased to receive this certificate. Chris B. ("Crispy") Shaw was their employee and a member of the Gardeners of Greater Cleveland before his untimely passing. One of his last actions was to finalize the donation for the convention. So, this award is also in memory of him. Thanks, Tom Davis

Reminder: Central Great Lakes Region Newsletter JAB is sent via email. Please be sure you will be able to access JAB using Adobe pdf.

JAB will be sent to the Senior Officers of the CGLR Clubs, they will in turn send to their membership. JAB is not sent to individual members of CGLR Clubs.

There will still be some clubs that will receive JAB in paper copy; however it is more efficient to email the newsletter.

Margie Faley, JAB Editor





### Repel mosquitos with these 10 Powerful Plants

Mosquitoes are likely to be the first thing that comes to mind when insect-related diseases are discussed. Is it really a wonder, considering mosquito-borne diseases have shown significant prevalence over the past decades? According to the World Health Organization (WHO), the global incidence of dengue showed a 30-fold increase over the last 30 years.

<http://www.who.int/denguecontrol/mosquito/en/>

Additionally, the organization noted that more than 2/5 billion people in more than 100 countries are at increased risk of contracting the illness. WHO also revealed that malaria was associated with 438,000 death worldwide in 2015 alone.

Cultivating various plants that repel unwanted insects may help prevent these outbreaks.

Below are 10 of the most powerful natural insect repellents that help stave off disease-causing mosquitoes. Citronella – Essential oils and extracts derived from citronella are found to effectively repel mosquitoes. The plant has gained greater popularity among many commercial repellents as of late. Citronella is also noted for its low-maintenance cultivation. However, it is advised to bring the plant indoors before the first frost arrives, as the plant may not thrive well in colder months.

Lavender – Humans have loved lavender's attractive flower and fresh, pleasant scent.

However, the flowers aroma is too much for vectors. Aside from mosquitoes, lavenders are also known to repel moths and flies.

Basil – This is found to be detrimental to mosquito larvae. In fact, a 2009 study published in the Journal of Asia-Pacific Entomology revealed that crude carbon tetrachloride, methanol and petroleum ether extracts taken from basil leaves were highly effective larvicides against *Anapholes* and *Culex* mosquito larvae.

Sage and Rosemary – Like basil, these herbs are known to repel mosquitos. Rosemary's woody smell and its essential oils are found to be powerful natural repellent. You may also toss a few handfuls of sage into a fire to produce scented smoke that the insects hate.

Lemon balm – the plant contains a strong lemon scent that deters mosquitos. However, this plant was known to be an invasive species and may require careful attention lest it take over the garden.

Mint – Mint's strong aroma – which comes from its leaves, as well as stems and flowers- was found to readily repel mosquitoes. Mint oils are also know to ease bug bites. You can make a powerful natural repellent by incorporating essential oils from mint with apple cider vinegar and vodka.

Catnip – while a natural feline favorite, this plant is found to do the exact opposite for mosquitoes.

Another member of the mint family, essential oils from catnip were about 10 times more effective as repellents.

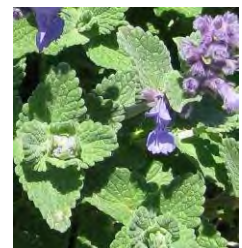
<https://www.cheryls herbs.com/home/catnip-as-mosquito-repellent/>

Peppermint – Like all members of the mint family, peppermint is also found to be a potent mosquito repellent. Essential oils extract from peppermint were known to keep unwanted insects at bay.

Citrosium – This perennial plant is widely regarded as the “Mosquito Repellant Plant.”

Various flowering plants as well can effectively repel the disease-causing insect. Scented geraniums and penny royal are touted as garden staples that may inhibit the propagation of mosquitoes. Other flowering plants that fend off mosquitoes include marigold, allium and petunia as well as chrysanthemum and nasturtium.

According to the WHO, dengue and other diseases such as Zika, chikungunya and yellow fever are transmitted by *Aedes Aegypti* mosquito. The WHO cautioned that more than half of the total global population reside in regions where the *Aedes* species can be found. On the other hand, the anopheles mosquito was known to cause malaria infection. In addition, the *culex* mosquito was found to transmit West Nile virus.





**Kathy's Kibitzin' for JAB  
Fall, 2018**

"How beautifully leaves grow old. How full of light and color are their last days."

- *John Burroughs*

One can only hope she ages as well as the flashing colorful leaves in the fall. To tell you the truth, I don't always reach that goal, though I do aim to be as well received as the beauty of fall. Many times we run into a hitch or two as we age, but I'm a firm believer in the theory, "How we feel is up to us!"

So, I occasionally have to give myself a talking to, and work on converting negative or pessimistic thinking into something that will keep me on the brighter side. Rather than thinking about all the ills of winter, I'm working at enjoying the end of summer and the beginning of fall.

Just think about it.... Tomatoes are ripening at last! I wait all year to eat real tomatoes. None of those grocery store, refrigeration transported, ethylene gas-reddened tomatoes for me. You might as well eat a green tomato. The enzymes that give the tomato it's characteristic flavor has to ripen in the sun and never be refrigerated! Temperatures below 45 degrees kill the enzyme/flavor forever.



Corn is ripening, my oh my it tastes so good ! Winter squash are ripening. Get them now and enjoy a little fall all winter. Thank goodness the zucchini and cucumber plants are weakening and slowing down. Beans are still coming on if you kept them picked or practiced succession planting, and one of my biggest joys are the fall flowers blooming in all their radiant glory!

I am a prairie garden volunteer at our county extension display gardens and right now is the "time of the prairie!" Big, bright, yellow flowers of all kinds are blooming and mixed in are the dark purples of tall ironweed and New England asters. I love it.



So do the birds. The finches are swaying in the breeze as they hang onto sunflower-like heads of cup plants, compass plant, prairie dock, gray-headed



Midewin National Tallgrass Prairie - Illinois

coneflowers, ironweed and aster to eat the seed as it is drying.

Sitting in the prairie or at home in the dappled shade, I feel the wind blowing through my hair, hear the bugs and bees making their noises, birds singing. And don't forget the cicadas singing! I love it.

The leaves changing color as we head into the cold season is the final spectacular event to give us memories to carry us through the cold winter months. I know, I know. There are people out there that love winter. I just don't happen to be one of them so I'm taking my pleasure now for sweet memories later.

Kathy Lee, [igarden2@aol.com](mailto:igarden2@aol.com)  
The Gardeners of America - Fort Wayne

"I loved autumn, the season of the year that God seemed to have put there just for the beauty of it."

*Lee Maynard*

## Johnny Appleseed Broadcaster

### YOUTH GARDENING



#### "Youth Gardening Contest 2018"

"Calling all Youth for the National TGOA/MGCA 2018 Youth Gardening Contest"

Members, Please contact any Youth you are sponsoring to complete their forms and submit their creations for Youth Gardening Awards.

**Refer to the Youth Gardening information and forms Guide for the Youth Gardening Contest. See Awards & Contest Manuals on top of Red Book Page**

<http://tgoa-mgca.org/YouthGardening.htm>

#### 2018 CGLG/TGOA CLUB WEBSITE

Committees Directory for 2018 is now on our website in Members Only:

- 2018 Club Officers
- 2018 Region Officers
- 2018 Past Presidents

Short cut to these Directories: <http://www.tgoa-mgca.org/Members/Luvtodig/Directory.htm>



## Fall 2018



### FALL CGLR MEETING

**Fall CGLR Membership Meeting is at Kingwood Center Gardens, 50 N. Trimble Rd. Mansfield, Ohio 44906; Saturday, October 27, 2018, 10:00AM.**



2018 TGOA/MGCA National Convention Fort Wayne hosts and volunteers Kathy Lee and Jeri Kornegay



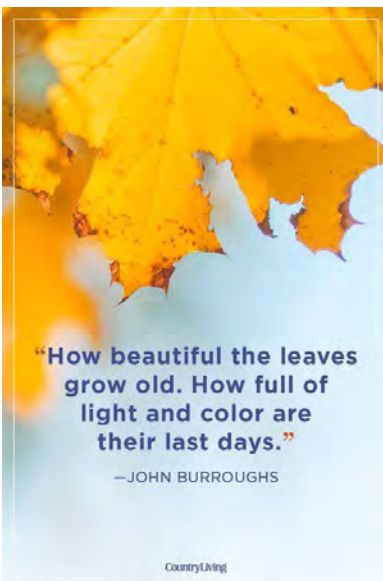
2018 Central Great Lakes Region CGLR Summer Meeting at the TGOA/MGCA National Convention, June 29, 2018. Fort Wayne, IN



### The Gardeners of America/Men's Garden Clubs of America 2018 National Convention; Ft. Wayne, Indiana June 27 -29

The 2018 National Convention for TGOA/MGCA was held in Ft. Wayne, Indiana June 27 – 29. The chairman and host was John Kessen (past national and regional president, and current national convention committee chairman). A couple of weeks before John broke his ankle badly, had an operation and spent the whole time in a wheel chair or a golf cart. Everyone had to admire his perseverance and the great work by his committee to pull the convention off in very good order.

Just like the convention in Cleveland last year, day 1 was meetings and seminars, day 2 was a field trip and day 3 was more meetings and seminars. There were eight of us there from the GoGC: Kathy and Andy Kosiorek, Deah and Bill Stark, Keith Biehl, Larry Kell, and Jane and me. A highlight was the election and installation of Larry as the 3<sup>rd</sup> V.P. of the national organization. Our region is well represented on the executive board: The President is Frank Mitch (Akron and associate member of our club), 2<sup>nd</sup> V.P. Mary Ann Ferguson-Rich (Akron), Larry as 3<sup>rd</sup> V.P. and John Schinker is the immediate past president (Men's Garden Club of Youngstown and associate member of our club).



The focus of the meetings was the problem with the national club's finances. We have been running a deficit budget for some time. They have been using the principal from the Endowment to make ends meet. Bob Bell (Akron) and I prepared a PowerPoint presentation to explain the financial issues to the board and the membership. John Schinker will be heading up a committee that includes Larry Kell and me and several others to look at problems and solutions to attempt to balance the budget.



The seminars were good and well attended. I gave my "Gardening for the Birds" talk twice. I was in too many committee meetings to attend a lot of the talks, but Jane, Kathy and others reported that there were some excellent presentations.

The tour on Thursday included a visit to the "Old Fort" of Ft. Wayne. This is actually a reproduction but built based on the plans from over 200 years ago. We also visited a wonderful private garden, a restored sanctuary and Shiphewana, in Amish country. Those of us from Ohio were all struck by how much more "modern" the Indiana Amish were compared to Middlefield or Holmes County Amish. I mentioned that to the host and he told me, "You haven't seen it all until you encounter a buggy pulling a motor boat on a trailer." Anyway, the Amish family style dinner was very good!

The convention next year will be in the Des Moines and Johnston, Iowa area where the national HQ is located. We hope to see a good representation there from the GoGC! If anyone has an interest in serving on a National Committee let Larry or me know.

Tom Davis, National Director  
July 31, 2018



### Farmer's Markets

FOOD: Transforming the American Table 1950-2000

“Reimagining American cuisine involved reviving a very old food-distribution system, the farmer’s market. Chefs, consumers, food producers, and small farmers came together, marketing to and buying directly from each other. The new farmer’s markets helped create a community of shared values around the quality of food. Between 1960 and 2000, the number of farmer’s markets nationwide grew from around 100 to over 3,000. Increasingly, market organizers are also sponsoring food education programs in their local communities.”

<http://americanhistory.si.edu/food/resetting-table/farmer%E2%80%99s-markets>



“If it seems as if farmers markets have sprouted like weeds from every vacant parking lot in the last few years, you’re not imagining things. According to the latest data from the USDA, the number of farmers markets in the United States has grown by 76 percent since 2008. There are now 8,268 markets listed in the USDA’s National Farmers Market Directory — that’s one market for every 38,000 people.

Market growth is good news for the local food movement, which uses farmers markets to help small farmers and consumers connect. In addition to giving shoppers access to fresh, local food, farmers markets have also proven to help farmers expand their businesses. A 2013 survey from Washington State University found that 82% of farmers’ market managers reported that their vendors had developed or expanded their business beyond the market

within the past three years by opening storefronts, restaurants, farm stands or CSAs or selling online or to grocery stores, co-ops, restaurants or wholesalers.

Farmers markets have also become important gathering places for communities around the country. At my local market, I’ve been able to drop off food scraps for compost, recycle clothing and fabric, listen to live music, meet up with friends, learn new recipes, and, of course, buy some amazing food.

But is there an end to this growth trend? Local food pioneer Alice Waters recently predicted that there will be “at least one farmers market in every town in the country,” but the numbers may be telling a different story. After a jump of 17% in markets between 2010 and 2011, this year’s growth percentage of 1.5% is the lowest it’s been in 14 years, according to USDA data.

One factor in the leveling off of growth could be that there simply aren’t enough local farmers to support the demand for new markets. In Chicago, for example, farmers are so in demand that market managers are offering perks like free parking and help from volunteers to woo them to set up shop.

But the strongest increase in markets last year was in southern states like Tennessee, Louisiana and Texas, which could mean that the market for farmers markets is reaching a saturation point in urban areas and will now grow more slowly in smaller towns and rural areas.

Nevertheless, we’re betting that farmers markets are here to stay, and this is a great week to visit one near you. Summer harvests are reaching their peak, and some markets are planning special events to celebrate National Farmers Market Week August 5 -11”.

To find a market, visit the USDA Farmers Market Directory [LocalHarvest.org](http://LocalHarvest.org) or [EatWellGuide.org](http://EatWellGuide.org).

Amy Leibroc

<https://sustainableamerica.org/blog/tag/amy-leibrock/>



**2018 CENTRAL GREAT LAKES REGION GARDENERS MEETINGS AND CONFERENCE DATES**  
**Gardening in Education and Excellence in Horticulture Since 1932**

2019 TGOA /MGCA National Convention, July, 2019 -Des Moines, Iowa  
2018 CGLG Fall Meeting October 27, 2018, Kingwood Center, Mansfield OH – Lawrence Kell

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